

## Towards an active Derbyshire Awards Categories

### Achievers

Recognising individuals that have achieved significant change in themselves.

- **Change 4 Life Award** - awarded to an individual who has dramatically changed how physically active they are and are seeing the benefits through improved health, social development and/or physical or mental wellbeing. Aimed at those that have achieved significant change in the last 12 months.
- **This Girl Can Award** - awarded to a female who has dramatically changed how physically active they are and are seeing the benefits through improved health, social development and/or physical or mental wellbeing. Aimed at those that have achieved significant change in the last 12 months.

### Influencers

Recognising individuals or groups that have helped to achieve significant change in others.

- **Community Coach/Activator Award** - awarded to an individual who has contributed to a significant change in an individual's or community's health, social development and/or physical or mental wellbeing. Aimed at those that have achieved significant change in others during the last 12 months.
- **Community Group/Association/Team of the Year** - awarded to a group or association that is the glue in their local community, at the heart of everything related to generating change in physical activity. Nominees should have contributed to a significant change in a community's health, wellbeing and/or levels of physical activity. Aimed at those groups that have achieved significant change in others during the last 12 months.
- **Project/Initiative/Innovation of the Year** - awarded to a group or individual that has challenged the norm and created something so different that it has changed the way people feel or act in their community. Projects nominated should have contributed to a significant change in a community's health, wellbeing and/or levels of physical activity. Aimed at projects that have seen significant change in others during the last 12 months.

### The System

Recognising individuals, groups, or projects that have helped challenge the way things are done, getting people to think and/or act differently.

- **Inclusive Project, group or Club of the Year** - awarded to a group, or individual that has challenged the norm and created something different and inclusive that has enabled those with a disability or limiting illness to be more physically active. Nominations should have inclusivity at the core of their offer and be able to demonstrate an impact in a community's

health, wellbeing and/or levels of physical activity. Aimed at projects that have seen significant change in others during the last 12 months.

- **Active Place Award** - awarded to an individual, group, or team that has changed the way a space or facility is used for physical activity. Nominations are encouraged from both traditional and alternative designs and both old and new. Nominations should have the local community at the core of their offer and be able to demonstrate an impact on health, wellbeing and/or levels of physical activity. Aimed at projects that have seen significant change in others during the last 12 months.

### Special Award

- **Special Recognition Award** - awarded to someone who has given so much, for so long for the benefit of others in their community. Nominations can come from any aspect related to physical activity, health and wellbeing, but should have the local community at the heart. Nominations are encouraged from those that received prior recognition, but also from those that may not have had the reward in the past that they deserve.

Nominations will be submitted via the Active Derbyshire website [www.activederbyshire.org.uk](http://www.activederbyshire.org.uk)