



GreenSpace

A partnership approach to Green Social Prescribing

in Nottingham and Nottinghamshire



**Integrated
Care System**
Nottingham & Nottinghamshire



Jules Sebelin, CEO, Nottingham Community and Voluntary Service

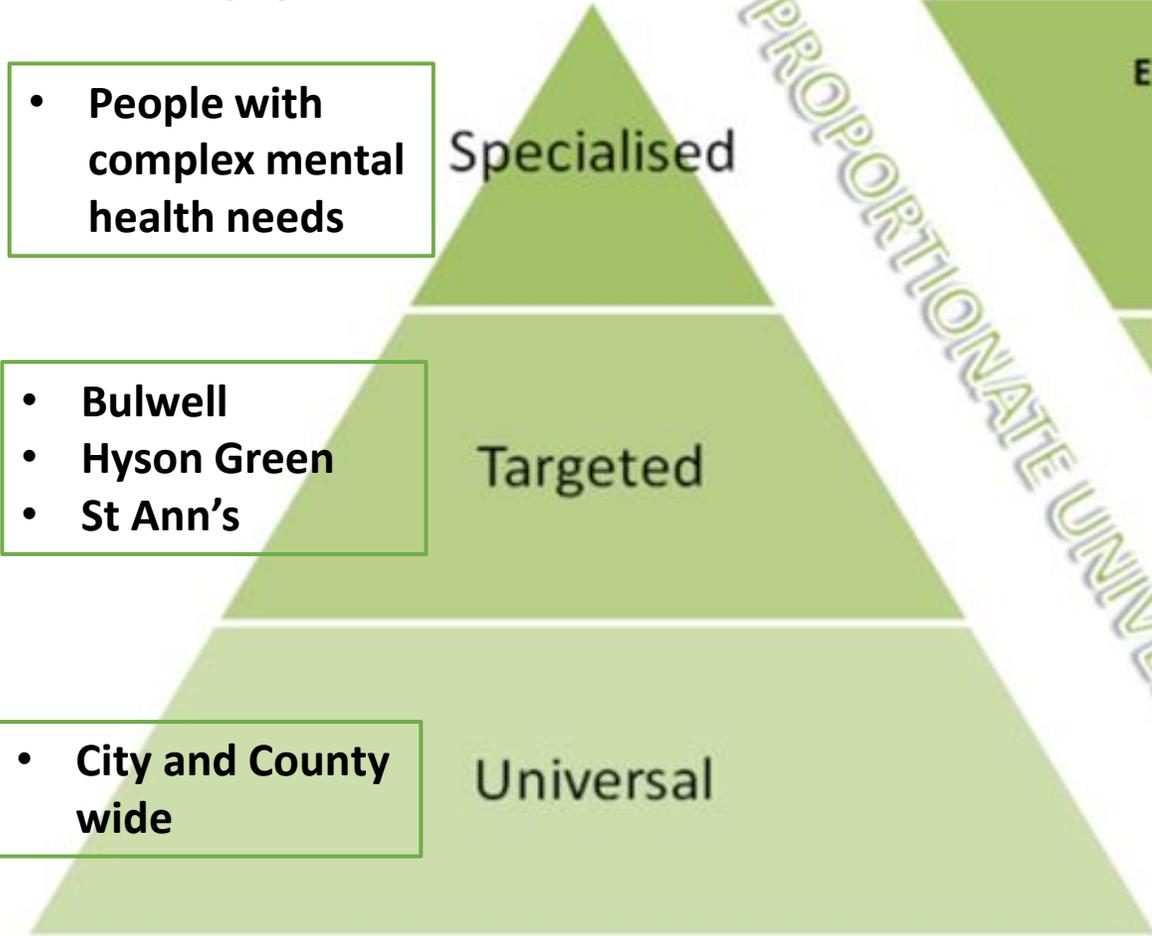
Our Approach



- People with complex mental health needs

- Bulwell
- Hyson Green
- St Ann's

- City and County wide



Thriving Communities Fund



Who and Where

- **Year 1: Nottingham**
- **Residents of all ages and abilities can access nature based activities, whether volunteering or participating but principles of proportionate universalism in resource management to focus on people:**
 - **most disproportionately affected by COVID-19**
 - **with long term conditions, especially older people**
 - **from Black, Asian and Ethnic minority communities**
 - **families living with multiple disadvantage, particularly those with limited access to gardens, balconies or green space**
- **Year 2: expansion into Nottinghamshire**



Our Test + Learn Key Outcomes

Nottingham
Community
and Voluntary
Service



System:

- Improved population health
- Improved system partnership in the awareness and benefits of green social prescribing
- Enhanced and formalised pathways to green social prescribing
- Enhanced capability and capacity of CVS for green social prescribing
- Increase in sustainable, resilient green CVS
- Workforce development in green and mental health
- Insight, learning and evidence to support future green social prescribing investment/commissioning

Public/patient:

- Improved quality of life
- Increase in nature connectedness and social interaction
- Empowerment and ownership of the offer by service users and partners
- Enhanced connection to and sense of community
- Equitable, personalised intervention and recovery
- Equitable and easy access to green space with better choice and variation
- Improved awareness and knowledge of local green assets and benefits to health and wellbeing



A green provider, social prescriber, community connector, primary care professional or voluntary organisation?

Want to be part of GreenSpace?

Email greensocialprescribing@nottinghamcvs.co.uk

Visit: <https://www.nottinghamcvs.co.uk/voice-and-partnerships/greenspace>