



Role Profile

WSL Academy & RTC (14s & 16s lead)

Sports Therapist / Physiotherapist

Role Reports To: Youth Technical Director

Role Purpose: Lead the development and delivery of all aspects of Sports Therapy / Physiotherapy services to the WSL Academy & Regional Talent Club (RTC) players, in line with the Club's injury reduction and performance enhancement philosophy.

Main Responsibilities and Accountabilities

- Maintain license requirements by continuously striving for excellence, with the mission to provide a highly advanced level of service provision to the club's female athletes.
- Deliver individualised player development and injury reduction strategies to manage injury risk and enhance individual and team performance in collaboration with the wider interdisciplinary team, ensuring effective long-term athletic development (LTAD) of all RTC and WSL Academy players.
- Ensure that a multidisciplinary approach is taken to player management, working with the interdisciplinary team to improve and extend the evidence based medical provision and rehabilitation practices employed by the women's club.
- Contribute to the design, implementation and effectiveness of athlete monitoring strategies and injury surveillance systems to objectively quantify player readiness to train and minimise injury risk throughout the RTC and WSL Academy.
- On a monthly basis, collect, analyse and present audited data to the interdisciplinary team to identify potential trends and risks factors associated with injury.
- Delivery of prehab and rehab programmes and maintaining comprehensive player medical records via the electronic medical notes system WPS.
- Provide Sports Therapy / Physiotherapy input into all individual learning and development plans to enhance performance of players and minimise the risk of injury.
- Devise and manage rehabilitation and treatment according to high quality research and departmental set return to play criteria.
- Ensure appropriate medical cover and availability for all WSL Academy & RTC training, games and external clinical appointments as per a pre-arranged training schedule.
- Contribute significantly to knowledge sharing and development across the club to support development of the women's provision and its staff.
- Utilise the club's electronic medical records system WPS for accurate record keeping in line with professional regulations.
- Take personal responsibility for continued professional development, ensuring that you attend regular courses and conferences in addition to keeping an up-to- date portfolio.
- Ensure compliance with all the Club's Policies and Procedures contained, paying particular regard to the Equal Opportunities Policy and Health and Safety procedures at all times.
- Any other duties as deemed necessary by your Line Manager or Head of Department.

Key Skills & Experience

- BSc (Hons) in Sports Therapy / Physiotherapy (minimum 2:1) is required.
- Advanced pitch-side first aid qualification (ATMMiF course).
- Hold membership to the Chartered Society of Physiotherapy (MCSP) and registration with the Health and Care Professions Council (HCPC).
- Extensive experience of working within a professional team sport and in the provision of Sports Therapist / Physiotherapy services to high performance elite athletes.
- Extensive relevant evidence of sports medicine related continued professional development.
- Proven experience of working in an interdisciplinary team setting within a pressurised challenging environment.
- Experience of player profiling alongside developing and delivering strategies to manage injury risk and optimise performance.
- Extensive experience in planning and delivering advanced progressive rehabilitation programmes for elite athletes, and in developing and implementing innovative ideas to enhance service provision.
- Experience in use of multi-platform software packages i.e. Benchmark 54, PMA or WPS.
- Extensive knowledge of applied functional anatomy including demonstration of expert clinical reasoning skills.
- Comprehensive understanding of maturation and long-term athletic development and the performance demands of a professional female athlete.
- Knowledge and comprehensive understanding of the various roles within an interdisciplinary team in a footballing environment, and recent advances in sports medicine assessment, rehabilitation, screening and injury risk management.
- Excellent presentation and communication skills that can educate, advise and motivate players, coaches and parents.
- Ability to design and deliver individual rehabilitation programmes and ability to take a holistic approach to the treatment and rehabilitation of injury.
- Ability to use knowledge and practical expertise to promote the health and wellbeing of individual athletes.
- Flexibility is required for working evenings, weekends and on public holidays.
- Full Clean UK driving licence.

Disclosure and Barring Service Check Requirement

- Requirement to undergo an enhanced DBS check and sign up to the online DBS update service.

Aston Villa Football Club is an inclusive institution that provides a welcoming environment to supporters, the local community, customers, employees, contacts and competitors. We want to ensure that the Club and all its subsidiaries are free from discrimination of any kind, embracing all regardless of age, race, disability, gender reassignment, pregnancy and maternity, sexual orientation, marriage and civil partnership, sex (gender), religion or belief.